



# Theatre In Mind

## FREE CREATIVE ARTS WORKSHOPS

TAKE PART IN A RANGE OF CREATIVE ARTS ACTIVITIES  
DESIGNED TO RAISE CONFIDENCE, SELF-ESTEEM, SELF-BELIEF  
SELF-WORTH AND SELF-RESPECT

**STARTS**  
**THURSDAY 27TH JULY**  
**11:00 AM – 2 PM**

SEE BACK FOR FURTHER DATES AND TIMES

**LOZELLS METHODIST COMMUNITY CENTRE**  
**ENTRANCE – LOZELLS STREET**  
**163 GERRARD STREET**  
**LOZELLS, B19 2AH**



**Birmingham**  
City Council



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**10 FREE ARTS BASED WORKSHOPS EXPLORING THEMES AND ISSUES BASED AROUND THE ARTS AND WELL-BEING. THE WORK THAT YOU PRODUCE IN THE SESSIONS WILL BUILD TOWARDS A FINAL SHARING OF ALL THAT WE HAVE LEARNED AND CREATED. THIS MAY TAKE THE FORM OF A NUMBER OF ART FORMS INCLUDING MONOLOGUES, SKETCHES, SHORT DRAMA SCENES, MASK PERFORMANCE MOVEMENT PERFORMANCE, SONGS, AND POEMS**

**PARTICIPANTS WILL ENGAGE IN A RANGE OF PERFORMANCE ARTS BASED ACTIVITIES, INCLUDING DRAMA TECHNIQUES, ROLE PLAY, FORUM THEATRE, MASK WORK, MOVEMENT SINGING SOLO AND AS PART OF A CHOIR**

**THE FINAL SHARING PERFORMANCE WILL BE CURATED AND DELIVERED BY THE PARTICIPANTS, WITH FULL SUPPORT OF THE FACILITATORS TO SHOWCASE AND CELEBRATE WHAT THEY HAVE ACHIEVED DURING THE PROJECT**

**THURSDAY 27TH JULY**

**FRIDAY 4TH AUGUST**

**FRIDAY 11TH AUGUST**

**FRIDAY 18TH AUGUST**

**FRIDAY 25TH AUGUST**

**FRIDAY 1ST SEPTEMBER**

**FRIDAY 8TH SEPTEMBER**

**FRIDAY 15TH SEPTEMBER**

**FRIDAY 22ND SEPTEMBER**

**FRIDAY 29TH SEPTEMBER**

**FRIDAY 6TH OCTOBER**

**ALL SESSIONS 11AM – 2PM**

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