Manresa Link website: www.manresalink.org.uk

**MANRESA LINK PRAYER GUIDE BASIC TRAINING COURSE**

**September 2018 - February 2019.**

*St Mary’s Convent, 98 Hunters Road Birmingham B19 1EB*

**Eight Saturday mornings in 2018** (10am -12.30pm):

September 29th, October 6th, 13th, 20th, 27th,

November 10th, 17th, 24th.

**Also two weekends in 2019:**

1. Saturday January 26th, from 10am – 8.30pm

Sunday January 27th, from 11am – 5. 00pm

1. Saturday February 9th and Sunday February10th. (Times are the same).

For more information or an application:

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Quinton,

Birmingham B32 1QX

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Type details in box

**The Saturday sessions** **consist of:**

A short prayer time.

An input on some aspect of Ignatian Spirituality e.g. Listening skills; What are we listening for? Images of God; The place of desire; Consolation and Desolation; Discernment; Supervision; Safeguarding; Organising an Individually Guided Retreat.

The most important parts of the session are triads: groups of three plus a member of the team. These take about one hour. It is important to attendallsessions.Refreshments are provided.

**The two weekends**:

Each participant gives a retreat during one weekend and makes one during the other. Individual and group supervision is also given. These weekends take place at St Mary’s Convent. In order to get most out of the weekends it is can be arranged to be resident on the weekend that you are being given a retreat. It *may* be possible for some participants to be resident on both weekends if necessary. All meals are included.

The cost of the whole course will be £200, including the 2 weekends. For anyone who cannot afford this, it may be possible to receive a bursary for the course from Manresa Link. We do not wish to exclude anyone due to financial reasons.

It is necessary to have made an individually guided Ignatian retreat either in daily life or residentially prior to following the course.